

KAYAKER QUESTIONNAIRE

FULL NAME

Sea Kayaking can be a physically demanding sport, taken place in remote areas beyond the immediate reach of the emergency services. Please help your guide/coach keep you safe on the water by answering the following questions. Please note that declaring a medical condition will not, in most cases, prevent you from kayaking. The information will be used only by Tuilik srl, its coaches and the emergency services and will not be passed on to any other third party without your explicit consent. This form will be kept securely on file by Tuilik srl for a period of 5 years for insurance and liability purposes, after which time it will be securely destroyed.

Can you swim over 25 m unaided?

yes ☐ no ☐

Do you hold any current first aid qualification?

yes ☐ no ☐

Do you suffer from or have a history of any of the following conditions?

Severe allergies? yes ☐ no ☐

Back, shoulder or neck pain?

yes ☐ no ☐

Asthma? yes ☐ no ☐

Osteoporosis or other bone condition?

yes ☐ no ☐

Epilepsy? yes ☐ no ☐

You have had an operation in the last 6 months?

yes ☐ no ☐

Diabetes? yes ☐ no ☐

Any other medical condition not listed

yes ☐ no ☐

Heart problems? yes ☐ no ☐

above that may affect you when kayaking?

If you have ticked "YES" in the box above, please give details of the relevant condition(s) and their management.

IMPORTANT!

While your guides are qualified to administer first-aid, they are unable to provide you with any form of medication. This includes non-prescription pain relief such as aspirin, paracetamol and ibuprofen for use with headaches and minor injuries. If you require any form of medication, please ensure that you bring it with you. In case of important medications such as EpiPens and inhalers, you should also advise the guide of their location.

I hereby declare that the information I have given above is, to the best of my knowledge, truthful and accurate. I understand that kayaking can be hazardous activity that can, although it is highly unlikely, result in severe injury or death. Although Tuilik srl will take all possible precautions to keep me safe, I understand these risks and accept them in order to participate in this activity. If I have any concerns about the health and safety of myself or other members of the group I will address them to the group leader for explanation or resolution. I agree that as a condition of the use of any equipment provided by Tuilik srl, I will take all reasonable care to prevent its damage or loss, and that if I do damage or lose this equipment I may be held liable in part or in full for its repair, recovery or replacement.

.....
client's signature

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date

When complete, please return this questionnaire to your coach or group leader.